



PEAK HEALTH AQUATIC CENTER
& TRACK COMPLEX at Mylan Park

JUNE 2026

- COMMUNITY EVENTS
- YOGA
- WET WELLNESS/SHALLOW WATER AEROBICS
- CLOSED | FACILITY & PROGRAMS
- DEEP WATER AEROBICS AM & PM
- SWIM & DIVE COMPETITIONS
- TRACK & FIELD SCHEDULE
- MEMBERS ONLY | NO PUBLIC SWIM
- LEARN TO SWIM PROGRAMS
- SUMMER SPLASH & ADVENTURE CAMP

Programs may be impacted by special events and/or competitions and are subject to change.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<p>1</p> <p>Wet Wellness 8:45-9:45am</p> <p>Deep Water Aerobics 11am-12pm</p> <p>Shallow Water Aerobics 6-7pm</p>	<p>2</p> <p>Yoga for All 9:30-10:30am</p> <p>Evening Deep Water Aerobics 6:30-7:30pm</p>	<p>3</p> <p>Wet Wellness 8:45-9:45am</p> <p>Deep Water Aerobics 11am-12pm</p> <p>Shallow Water Aerobics 6-7pm</p> <p>Chair Aerobics 10am-11am</p>	<p>4</p> <p>Evening Deep Water Aerobics 6:30-7:30pm</p>	<p>5</p> <p>Wet Wellness 8:45-9:45am</p> <p>Deep Water Aerobics 11am-12pm</p> <p>Free Play Freedom 1pm-6pm</p> <p>Free Swim for Community</p>	<p>6</p> <p>2026 Heart Walk</p>
7	<p>8</p> <p>Wet Wellness 8:45-9:45am</p> <p>Deep Water Aerobics 11am-12pm</p> <p>Week 1 Summer Camp 9am-5pm</p> <p>Shallow Water Aerobics 6-7pm</p>	<p>9</p> <p>Yoga for All 9:30-10:30am</p> <p>Evening Deep Water Aerobics 6:30-7:30pm</p>	<p>10</p> <p>Wet Wellness 8:45-9:45am</p> <p>Deep Water Aerobics 11am-12pm</p> <p>Shallow Water Aerobics 6-7pm</p> <p>Chair Aerobics 10am-11am</p>	<p>11</p>	<p>12</p> <p>Wet Wellness 8:45-9:45am</p>	<p>13</p>
				CM Long Course Meet - Competition Pool and Dive Well Closed		
14	<p>15</p> <p>Wet Wellness 8:45-9:45am</p> <p>Deep Water Aerobics 11am-12pm</p> <p>Week 2 Summer Camp 9am-5pm</p>	<p>16</p> <p>Yoga for All 9:30-10:30am</p> <p>Evening Deep Water Aerobics 6:30-7:30pm</p>	<p>17</p> <p>Wet Wellness 8:45-9:45am</p> <p>Deep Water Aerobics 11am-12pm</p> <p>Shallow Water Aerobics 6-7pm</p> <p>Chair Aerobics 10am-11am</p>	<p>18</p> <p>Evening Deep Water Aerobics 6:30-7:30pm</p>	<p>19</p> <p>Wet Wellness 8:45-9:45am</p> <p>Deep Water Aerobics 11am-12pm</p>	<p>20</p>
Competition Pool & Dive Well Closed						
21	<p>22</p> <p>Wet Wellness 8:45-9:45am</p> <p>Deep Water Aerobics 11am-12pm</p> <p>Shallow Water Aerobics 6-7pm</p> <p>Week 3 Summer Camp 9am-5pm</p>	<p>23</p> <p>Yoga for All 9:30-10:30am</p>	<p>24</p> <p>Wet Wellness 8:45-9:45am</p> <p>Shallow Water Aerobics 6-7pm</p> <p>Chair Aerobics 10am-11am</p>	<p>25</p>	<p>26</p> <p>Wet Wellness 8:45-9:45am</p> <p>Parents Night Out 5pm-9pm</p>	<p>27</p>
				USA Diving Central Championships Closed		
28	<p>29</p> <p>WVU Track Camp 2pm-5p</p> <p>Wet Wellness 8:45-9:45am</p> <p>Deep Water Aerobics 11am-12pm</p> <p>Shallow Water Aerobics 6-7pm</p> <p>Week 4 Summer Camp 9am-5pm</p>	<p>30</p> <p>Yoga for All 9:30-10:30am</p> <p>Evening Deep Water Aerobics 6:30-7:30pm</p> <p>WVU Track Camp 2pm-5p</p>				
USA Diving Cont. Closed						