



PEAK HEALTH AQUATIC CENTER
& TRACK COMPLEX at Mylan Park

MAY 2026

- COMMUNITY EVENTS
- YOGA
- WET WELLNESS/SHALLOW WATER AEROBICS
- CLOSED | FACILITY & PROGRAMS
- DEEP WATER AEROBICS AM & PM
- SWIM & DIVE COMPETITIONS
- TRACK & FIELD SCHEDULE
- MEMBERS ONLY | NO PUBLIC SWIM
- LEARN TO SWIM PROGRAMS
- Ft SCHOOL FIELD TRIPS

Programs may be impacted by special events and/or competitions and are subject to change.

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|---|--|---|--|--|--|
| <div style="display: flex; justify-content: space-between; align-items: center;"> <div style="font-size: 2em; font-weight: bold; line-height: 1;">SUMMER</div> <div style="text-align: right;"> <p style="color: white; font-weight: bold;">Summer Memberships for May 15 - September 7</p> <p style="color: white; font-weight: bold;">SUMMER MEMBERSHIPS GO ON SALE APRIL 13</p> </div> </div> <div style="background-color: #ffcc00; padding: 5px; font-weight: bold; font-size: 0.8em; margin-top: 5px;"> EARLY BIRD SPECIAL! Purchase by <u>May 4</u> to unlock MORE benefits! </div> | | | | | <div style="background-color: #00a0e3; color: white; padding: 2px;">1</div> <div style="background-color: #00a0e3; color: white; padding: 2px;">Wet Wellness 8:45-9:45am</div> <div style="background-color: #00a0e3; color: white; padding: 2px;">Deep Water Aerobics 11am-12pm</div> <div style="background-color: #9900cc; color: white; padding: 2px; font-weight: bold;">PAC Championship All Day</div> | 2 |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| | <div style="background-color: #00a0e3; color: white; padding: 2px;">Wet Wellness 8:45-9:45am</div> <div style="background-color: #00a0e3; color: white; padding: 2px;">Deep Water Aerobics 11am-12pm</div> <div style="background-color: #00a0e3; color: white; padding: 2px;">Shallow Water Aerobics 6-7pm</div> | <div style="background-color: #9900cc; color: white; padding: 2px;">Yoga for All 9:30-10:30am</div> <div style="background-color: #00a0e3; color: white; padding: 2px;">Evening Deep Water Aerobics 6:30-7:30pm</div> | <div style="background-color: #008000; color: white; padding: 2px; font-weight: bold;">Water Safety Day Free Swim 4PM-8PM</div> <div style="background-color: #00a0e3; color: white; padding: 2px;">Wet Wellness 8:45-9:45am</div> <div style="background-color: #00a0e3; color: white; padding: 2px;">Deep Water Aerobics 11am-12pm</div> <div style="background-color: #00a0e3; color: white; padding: 2px;">Shallow Water Aerobics 6-7pm</div> <div style="background-color: #660066; color: white; padding: 2px;">Chair Aerobics 10am-11am</div> Ft | <div style="background-color: #00a0e3; color: white; padding: 2px;">Evening Deep Water Aerobics 6:30-7:30pm</div> | <div style="background-color: #00a0e3; color: white; padding: 2px;">Wet Wellness 8:45-9:45am</div> <div style="background-color: #00a0e3; color: white; padding: 2px;">Deep Water Aerobics 11am-12pm</div> <div style="background-color: #9900cc; color: white; padding: 2px; font-weight: bold;">Mon Co. Middle School Invite 4pm-9pm</div> | <div style="background-color: #333333; color: white; padding: 2px; font-weight: bold;">Renee McCutchan Invite All Day</div> <div style="background-color: #cc0000; color: white; padding: 2px; font-weight: bold;">Competition Pool Closed</div> <div style="background-color: #9900cc; color: white; padding: 2px; font-weight: bold;">WVU Meet All Day</div> |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| <div style="background-color: #cc0000; color: white; padding: 2px; font-weight: bold;">Competition Pool Closed</div> <div style="background-color: #333333; color: white; padding: 2px; font-weight: bold;">Renee McCutchan Invite All Day</div> | <div style="background-color: #00a0e3; color: white; padding: 2px;">Wet Wellness 8:45-9:45am</div> <div style="background-color: #9900cc; color: white; padding: 2px;">Middle School 4pm-9pm</div> | <div style="background-color: #9900cc; color: white; padding: 2px;">Yoga for All 9:30-10:30am</div> <div style="background-color: #00a0e3; color: white; padding: 2px;">Evening Deep Water Aerobics 6:30-7:30pm</div> <div style="background-color: #9900cc; color: white; padding: 2px; font-weight: bold;">1A Regionals 12p-9p</div> | <div style="background-color: #00a0e3; color: white; padding: 2px;">Wet Wellness 8:45-9:45am</div> <div style="background-color: #00a0e3; color: white; padding: 2px;">Deep Water Aerobics 11am-12pm</div> <div style="background-color: #660066; color: white; padding: 2px;">Chair Aerobics 10am-11am</div> | <div style="background-color: #00a0e3; color: white; padding: 2px;">Evening Deep Water Aerobics 6:30-7:30pm</div> | <div style="background-color: #00a0e3; color: white; padding: 2px;">Wet Wellness 8:45-9:45am</div> <div style="background-color: #00a0e3; color: white; padding: 2px;">Deep Water Aerobics 11am-12pm</div> <div style="background-color: #9900cc; color: white; padding: 2px; font-weight: bold;">4A Regionals 12p-9p</div> | <div style="background-color: #9900cc; color: white; padding: 2px; font-weight: bold;">Trauma Survivor Walk WVUM All Day</div> |
| Learn to Swim Programs begin this week | | | | | | Ft |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| <div style="background-color: #ff8c00; color: white; padding: 2px; font-weight: bold;">Learn to Swim Programs begins</div> | <div style="background-color: #00a0e3; color: white; padding: 2px;">Wet Wellness 8:45-9:45am</div> <div style="background-color: #00a0e3; color: white; padding: 2px;">Deep Water Aerobics 11am-12pm</div> Ft | <div style="background-color: #9900cc; color: white; padding: 2px;">Yoga for All 9:30-10:30am</div> <div style="background-color: #00a0e3; color: white; padding: 2px;">Evening Deep Water Aerobics 6:30-7:30pm</div> Ft | <div style="background-color: #00a0e3; color: white; padding: 2px;">Wet Wellness 8:45-9:45am</div> <div style="background-color: #00a0e3; color: white; padding: 2px;">Deep Water Aerobics 11am-12pm</div> <div style="background-color: #660066; color: white; padding: 2px;">Chair Aerobics 10am-11am</div> Ft | <div style="background-color: #00a0e3; color: white; padding: 2px;">Evening Deep Water Aerobics 6:30-7:30pm</div> Ft | <div style="background-color: #cc0000; color: white; padding: 2px; font-weight: bold;">No Learn to Swim Classes</div> <div style="background-color: #00a0e3; color: white; padding: 2px;">Wet Wellness 8:45-9:45am</div> <div style="background-color: #00a0e3; color: white; padding: 2px;">Deep Water Aerobics 11am-12pm</div> Ft | <div style="background-color: #cc0000; color: white; padding: 2px; font-weight: bold;">No Learn to Swim Classes</div> |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| <div style="background-color: #cc0000; color: white; padding: 2px; font-weight: bold;">No Learn to Swim Classes</div> | <div style="background-color: #00a0e3; color: white; padding: 2px;">Wet Wellness 8:45-9:45am</div> <div style="background-color: #00a0e3; color: white; padding: 2px;">Deep Water Aerobics 11am-12pm</div> <div style="background-color: #cc0000; color: white; padding: 2px; font-weight: bold;">Holiday Hours: 6am-4pm Water Features 10am-4pm (No Learn to Swim Classes)</div> | <div style="background-color: #9900cc; color: white; padding: 2px;">Yoga for All 9:30-10:30am</div> <div style="background-color: #00a0e3; color: white; padding: 2px;">Evening Deep Water Aerobics 6:30-7:30pm</div> <div style="background-color: #cc0000; color: white; padding: 2px; font-weight: bold;">No Learn to Swim Classes</div> Ft | <div style="background-color: #00a0e3; color: white; padding: 2px;">Wet Wellness 8:45-9:45am</div> <div style="background-color: #00a0e3; color: white; padding: 2px;">Deep Water Aerobics 11am-12pm</div> <div style="background-color: #660066; color: white; padding: 2px;">Chair Aerobics 10am-11am</div> <div style="background-color: #cc0000; color: white; padding: 2px; font-weight: bold;">No Learn to Swim Classes</div> Ft | <div style="background-color: #00a0e3; color: white; padding: 2px;">Evening Deep Water Aerobics 6:30-7:30pm</div> <div style="background-color: #cc0000; color: white; padding: 2px; font-weight: bold;">No Learn to Swim Classes</div> Ft | <div style="background-color: #00a0e3; color: white; padding: 2px;">Wet Wellness 8:45-9:45am</div> <div style="background-color: #00a0e3; color: white; padding: 2px;">Deep Water Aerobics 11am-12pm</div> <div style="background-color: #9900cc; color: white; padding: 2px; font-weight: bold;">Breakthrough T1D 6am-11am</div> <div style="background-color: #00ff00; color: white; padding: 2px;">Parents Night Out 5pm-9pm</div> <div style="background-color: #cc0000; color: white; padding: 2px; font-weight: bold;">No Learn to Swim Classes</div> Ft | <div style="background-color: #9900cc; color: white; padding: 2px; font-weight: bold;">Breakthrough T1D Walk 8am-12pm</div> |
| 31 | | | | | | <div style="background-color: #00ff00; color: white; padding: 2px;">Youth Community Meet 1pm-4pm</div> <div style="background-color: #9900cc; color: white; padding: 2px; font-weight: bold;">Open HS Meet 4pm-9pm</div> |