



PEAK HEALTH AQUATIC CENTER  
& TRACK COMPLEX at Mylan Park

# MAY 2026

- COMMUNITY EVENTS
- YOGA
- WET WELLNESS/SHALLOW WATER AEROBICS
- CLOSED | FACILITY & PROGRAMS
- DEEP WATER AEROBICS AM & PM
- SWIM & DIVE COMPETITIONS
- TRACK & FIELD SCHEDULE
- MEMBERS ONLY | NO PUBLIC SWIM
- LEARN TO SWIM PROGRAMS
- Ft SCHOOL FIELD TRIPS

*Programs may be impacted by special events and/or competitions and are subject to change.*

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 Wet Wellness   8:45-9:45am Deep Water Aerobics   11am-12pm PAC Championship All Day	2
3	4 Wet Wellness   8:45-9:45am Deep Water Aerobics   11am-12pm Shallow Water Aerobics   6-7pm	5 Yoga for All   9:30-10:30am Evening Deep Water Aerobics   6:30-7:30pm	6 Water Safety Day Free Swim 4PM-8PM Wet Wellness   8:45-9:45am Deep Water Aerobics   11am-12pm Shallow Water Aerobics   6-7pm Chair Aerobics   10am-11am <span style="border: 1px solid black; border-radius: 50%; padding: 2px;">Ft</span>	7 Evening Deep Water Aerobics   6:30-7:30pm <span style="border: 1px solid black; border-radius: 50%; padding: 2px;">Ft</span>	8 Wet Wellness   8:45-9:45am Deep Water Aerobics   11am-12pm Mon Co. Middle School Invite 4pm-9pm	9 Renee McCutchan Invite All Day Competition Pool Closed WVU Meet   All Day
10 Renee McCutchan Invite All Day Competition Pool Closed	11 Wet Wellness   8:45-9:45am Deep Water Aerobics   11am-12pm Middle School 4pm-9pm	12 Yoga for All   9:30-10:30am Evening Deep Water Aerobics   6:30-7:30pm 1A Regionals 12p-9p	13 Wet Wellness   8:45-9:45am Deep Water Aerobics   11am-12pm Chair Aerobics   10am-11am	14 Evening Deep Water Aerobics   6:30-7:30pm	15 Wet Wellness   8:45-9:45am Deep Water Aerobics   11am-12pm 4A Regionals 12p-9p	16 Trauma Survivor Walk WVUM   All Day
Learn to Swim Programs begin this week <span style="border: 1px solid black; border-radius: 50%; padding: 2px;">Ft</span>						<span style="border: 1px solid black; border-radius: 50%; padding: 2px;">Ft</span>
17 Learn to Swim Programs begins	18 Wet Wellness   8:45-9:45am Deep Water Aerobics   11am-12pm <span style="border: 1px solid black; border-radius: 50%; padding: 2px;">Ft</span>	19 Yoga for All   9:30-10:30am Evening Deep Water Aerobics   6:30-7:30pm <span style="border: 1px solid black; border-radius: 50%; padding: 2px;">Ft</span>	20 Wet Wellness   8:45-9:45am Deep Water Aerobics   11am-12pm Chair Aerobics   10am-11am <span style="border: 1px solid black; border-radius: 50%; padding: 2px;">Ft</span>	21 Evening Deep Water Aerobics   6:30-7:30pm <span style="border: 1px solid black; border-radius: 50%; padding: 2px;">Ft</span>	22 No Learn to Swim Classes Wet Wellness   8:45-9:45am Deep Water Aerobics   11am-12pm <span style="border: 1px solid black; border-radius: 50%; padding: 2px;">Ft</span>	23 No Learn to Swim Classes
24 No Learn to Swim Classes	25 Wet Wellness   8:45-9:45am Deep Water Aerobics   11am-12pm Holiday Hours: 6am-4pm Water Features 10am-4pm (No Learn to Swim Classes)	26 Yoga for All   9:30-10:30am Evening Deep Water Aerobics   6:30-7:30pm No Learn to Swim Classes <span style="border: 1px solid black; border-radius: 50%; padding: 2px;">Ft</span>	27 Wet Wellness   8:45-9:45am Deep Water Aerobics   11am-12pm Chair Aerobics   10am-11am No Learn to Swim Classes <span style="border: 1px solid black; border-radius: 50%; padding: 2px;">Ft</span>	28 Evening Deep Water Aerobics   6:30-7:30pm No Learn to Swim Classes <span style="border: 1px solid black; border-radius: 50%; padding: 2px;">Ft</span>	29 Wet Wellness   8:45-9:45am Deep Water Aerobics   11am-12pm Breakthrough T1D 6am-11am Parents Night Out   5pm-9pm No Learn to Swim Classes <span style="border: 1px solid black; border-radius: 50%; padding: 2px;">Ft</span>	30 Breakthrough T1D Walk 8am-12pm
31 Youth Community Meet 1pm-4pm Open HS Meet 4pm-9pm						