



PEAK HEALTH AQUATIC CENTER  
& TRACK COMPLEX at Mylan Park

# 2026 FEBRUARY

● COMMUNITY EVENTS

● FITNESS CLASSES

● WATER CLASSES

● PROMOTIONS/ANNOUNCEMENTS

● SPECIAL PROGRAMS

● SWIM & DIVE COMPETITIONS

● TRACK & FIELD SCHEDULE

● SAFETY & TRAINING CLASSES

*Programs may be impacted by special events and/or competitions and are subject to change.*

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 Wet Wellness   8:45-9:45am Deep Water Aerobics   11am-12pm Shallow Water Aerobics   6-7pm	3 Yoga for All   9:30-10:30am Arthritis Aquatics   5:30-6:30pm Deep Water Aerobics   6:30-7:30pm	4 Wet Wellness   8:45-9:45am Chair-Robics   10-11am Deep Water Aerobics   11am-12pm Shallow Water Aerobics   6-7pm	5 Deep Water Aerobics   6:30-7:30pm Kayaking Skills Clinic   7-9pm	6 Wet Wellness   8:45-9:45am Deep Water Aerobics   11am-12pm	7
8	9 Wet Wellness   8:45-9:45am Deep Water Aerobics   11am-12pm Shallow Water Aerobics   6-7pm	10 Yoga for All   9:30-10:30am Arthritis Aquatics   5:30-6:30pm Deep Water Aerobics   6:30-7:30pm	11 Wet Wellness   8:45-9:45am Chair-Robics   10-11am Deep Water Aerobics   11am-12pm Shallow Water Aerobics   6-7pm	12 Deep Water Aerobics   6:30-7:30pm Kayaking Skills Clinic   7-9pm	13 Wet Wellness   8:45-9:45am	14 Competition Pool   CLOSED WVU Club Swim Meet
15	16 Wet Wellness   8:45-9:45am Deep Water Aerobics   11am-12pm Shallow Water Aerobics   6-7pm	17 Yoga for All   9:30-10:30am Arthritis Aquatics   5:30-6:30pm Deep Water Aerobics   6:30-7:30pm	18 Wet Wellness   8:45-9:45am Chair-Robics   10-11am Deep Water Aerobics   11am-12pm	19 Competition Pool CLOSED HS States Deep Water Aerobics   6:30-7:30pm Kayaking Skills Clinic   7-9pm	20 Competition Pool CLOSED HS States Wet Wellness   8:45-9:45am Deep Water Aerobics   11am-12pm	21
22	23 Wet Wellness   8:45-9:45am Deep Water Aerobics   11am-12pm Shallow Water Aerobics   6-7pm	24 Yoga for All   9:30-10:30am Arthritis Aquatics   5:30-6:30pm Deep Water Aerobics   6:30-7:30pm	25 Wet Wellness   8:45-9:45am Chair-Robics   10-11am Deep Water Aerobics   11am-12pm Shallow Water Aerobics   6-7pm	26 Deep Water Aerobics   6:30-7:30pm Kayaking Skills Clinic   7-9pm	27 Wet Wellness   8:45-9:45am Deep Water Aerobics   11am-12pm	28