



# 2026 JANUARY

● COMMUNITY EVENTS

● FITNESS CLASSES

● WATER CLASSES

● PROMOTIONS/ANNOUNCEMENTS

● SPECIAL PROGRAMS

● SWIM & DIVE COMPETITIONS

● TRACK & FIELD SCHEDULE

● SAFETY & TRAINING CLASSES

Programs may be impacted by special events and/or competitions and are subject to change.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<ul style="list-style-type: none"> <li>● JAN 1   CLOSED Happy New Year!</li> </ul>	<p><i>Holiday Hours</i></p> <ul style="list-style-type: none"> <li>● JAN 2   Community Pool Open 6A-4P Water features 10A-4P. Competition pool normal hours.</li> </ul>			<p>1</p> <p><b>FACILITY CLOSED ALL DAY</b></p> <p><i>Happy New Year!</i></p>	<p>2</p> <p>Community Pool open 6A-4P with features 10A-4P</p>	<p>3</p> <p>Competition Pool   CLOSED Mohawk Invite</p>
4	<p>5</p> <p>Wet Wellness   8:45-9:45am</p> <p>Deep Water Aerobics   11am-12pm</p> <p>Shallow Water Aerobics   6-7pm</p>	<p>6</p> <p>Yoga for All   9:30-10:30am</p> <p>Arthritis Aquatics   5:30-6:30pm</p> <p>Deep Water Aerobics   6:30-7:30pm</p>	<p>7</p> <p>Wet Wellness   8:45-9:45am</p> <p>Chair-Robics   10-11am</p> <p>Deep Water Aerobics   11am-12pm</p> <p>Shallow Water Aerobics   6-7pm</p>	8	<p>9</p> <p>Wet Wellness   8:45-9:45am</p> <p>Deep Water Aerobics   6:30-7:30pm</p> <p>Kayaking Skills Clinic   7-9pm</p>	<p>10</p> <p>Competition Pool   CLOSED WVU vs Pitt</p>
<p>11</p>  <p>Learn to Swim January Session Begins</p>	<p>12</p> <p>Deep Water Aerobics   11am-12pm</p> <p>Shallow Water Aerobics   6-7pm</p>	<p>13</p> <p>Yoga for All   9:30-10:30am</p> <p>Arthritis Aquatics   5:30-6:30pm</p> <p>Deep Water Aerobics   6:30-7:30pm</p>	<p>14</p> <p>Chair-Robics   10-11am</p> <p>Deep Water Aerobics   11am-12pm</p> <p>Shallow Water Aerobics   6-7pm</p> <p>Competition Pool   CLOSED 7-9pm HS Meet</p>	15	<p>16</p> <p>Deep Water Aerobics   6:30-7:30pm</p> <p>Kayaking Skills Clinic   7-9pm</p> <p>Deep Water Aerobics   11am-12pm</p>	<p>17</p> <p>Competition Pool   CLOSED Swim Meet</p>
<p>18</p> <p>Competition Pool   CLOSED Swim Meet</p>	<p>19</p> <p>Wet Wellness   8:45-9:45am</p> <p>Deep Water Aerobics   11am-12pm</p> <p>Shallow Water Aerobics   6-7pm</p>	<p>20</p> <p>Yoga for All   9:30-10:30am</p> <p>Arthritis Aquatics   5:30-6:30pm</p> <p>Deep Water Aerobics   6:30-7:30pm</p>	<p>21</p> <p>Wet Wellness   8:45-9:45am</p> <p>Chair-Robics   10-11am</p> <p>Deep Water Aerobics   11am-12pm</p> <p>Shallow Water Aerobics   6-7pm</p>	22	<p>23</p> <p>Wet Wellness   8:45-9:45am</p> <p>Deep Water Aerobics   6:30-7:30pm</p> <p>Kayaking Skills Clinic   7-9pm</p> <p>Deep Water Aerobics   11am-12pm</p>	<p>24</p> <p>Competition Pool   CLOSED WVU vs Villanova and Duquesne</p>
<p>25</p> <p>Competition Pool   CLOSED Swim Meet</p>	<p>26</p> <p>Wet Wellness   8:45-9:45am</p> <p>Deep Water Aerobics   11am-12pm</p> <p>Shallow Water Aerobics   6-7pm</p>	<p>27</p> <p>Yoga for All   9:30-10:30am</p> <p>Arthritis Aquatics   5:30-6:30pm</p> <p>Deep Water Aerobics   6:30-7:30pm</p>	<p>28</p> <p>Wet Wellness   8:45-9:45am</p> <p>Chair-Robics   10-11am</p> <p>Deep Water Aerobics   11am-12pm</p> <p>Shallow Water Aerobics   6-7pm</p> <p>Competition Pool   CLOSED 7-9pm HS Meet</p>	29	<p>30</p> <p>Wet Wellness   8:45-9:45am</p> <p>Deep Water Aerobics   11am-12pm</p> <p>Kayaking Skills Clinic   7-9pm</p> <p><b>Parent's Night Out 5-9pm</b></p>	<p>31</p> <p>Competition Pool   CLOSED WVU vs Pitt</p>