



PEAK HEALTH AQUATIC CENTER
& TRACK COMPLEX at Mylan Park

2025 NOVEMBER

- COMMUNITY EVENTS
- FITNESS CLASSES
- WATER CLASSES
- PROMOTIONS/ANNOUNCEMENTS

- SPECIAL PROGRAMS
- SWIM & DIVE COMPETITIONS
- TRACK & FIELD SCHEDULE
- SAFETY TRAINING CLASSES

Programs may be impacted by special events and/or competitions and are subject to change.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY



Thanksgiving Week Hours

- NOV 24-26 | OPEN 6AM - 8PM
Competition pool CLOSED.
Community pool OPEN 6am-4pm with features 10am-4pm. Swim classes are still on as scheduled.
- THUR, NOV 27 | CLOSED
- FRI, NOV 28 | OPEN 9AM - 8PM
Competition pool CLOSED. Community pool OPEN 9am-4pm with features 10am-4pm. No swim classes.
- NOV 29-30 | NORMAL HOURS

Stay
Linked!



1

2

WVU vs Loyola | 1pm
Competition Pool CLOSED

3

Deep Water Aerobics | 11am-12pm
Shallow Water Aerobics | 6-7pm

4

Yoga for All | 9:30-10:30am
Arthritis Aquatics | 5:30-6:30pm
Deep Water Aerobics | 6:30-7:30pm

5

Wet Wellness | 8:45-9:45am
Chair-Robics | 10-11am
Deep Water Aerobics | 11am-12pm
Shallow Water Aerobics | 6-7pm

6

Arthritis Aquatics | 5:30-6:30pm
Deep Water Aerobics | 6:30-7:30pm

7

Wet Wellness | 8:45-9:45am
Deep Water Aerobics | 11am-12pm

8

9

10

Wet Wellness | 8:45-9:45am
Deep Water Aerobics | 11am-12pm
Shallow Water Aerobics | 6-7pm

11

Yoga for All | 9:30-10:30am
Arthritis Aquatics | 5:30-6:30pm
Deep Water Aerobics | 6:30-7:30pm

12

Wet Wellness | 8:45-9:45am
Chair-Robics | 10-11am
Deep Water Aerobics | 11am-12pm
High School Meet | 5-8pm
Competition Pool CLOSED

13

Arthritis Aquatics | 5:30-6:30pm
Deep Water Aerobics | 6:30-7:30pm

14

Wet Wellness | 8:45-9:45am
Deep Water Aerobics | 11am-12pm

15

Night of 3200's | 3-9pm
Track CLOSED

16

17

Wet Wellness | 8:45-9:45am
Deep Water Aerobics | 11am-12pm
Shallow Water Aerobics | 6-7pm

18

Yoga for All | 9:30-10:30am
Arthritis Aquatics | 5:30-6:30pm
Deep Water Aerobics | 6:30-7:30pm

19

Wet Wellness | 8:45-9:45am
Chair-Robics | 10-11am
Deep Water Aerobics | 11am-12pm
Shallow Water Aerobics | 6-7pm

20

Arthritis Aquatics | 5:30-6:30pm

21

Wet Wellness | 8:45-9:45am

22

23

WVU Invitational | All Day | Competition Pool CLOSED

24

Wet Wellness | 8:45-9:45am

25

Yoga for All | 9:30-10:30am

26

Wet Wellness | 8:45-9:45am
Chair-Robics | 10-11am

27

CLOSED

28

Competition Pool CLOSED beginning November 24 at 9am through November 30 | Reopens December 1

Community Pool OPEN 6am-4pm (except on Nov 28 - opens 9am), with pool features on 10am-4pm

