

2024 Aquatic Center Spring/Summer Program Guide

Introduction

Welcome to The Aquatic Center at Mylan Park's 2024 Spring/Summer Program Guide! Programs may be impacted by special events and/or competitions and are subject to change. Make sure to follow us for updates!

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The Aquatic Center & Track Complex

The Aquatic Center is an impressive and fully accessible 90,000 square foot facility with a 50 meter Olympic pool, platform into diving well, community pool with zero-depth entry, water sildes and play features, six lane lap pool, outdoor splash pad, and fitness center. The track complex is a full Olympic sized facility with mondo surface. Our track complex is fully equipped to host all field events.





Our Key Features:

- Competition Pool
- Outdoor Splash Pad
- Community Pool
- Track Complex
- Fitness Center







Become a member of Mylan Park's Top-notch Facilities and enjoy all of our member-exclusive benefits!

All monthly memberships require a valid credit card on file, and must be purchased for a minimum of 3 months. Payments are drafted automatically on the 5th of each month. Annual memberships are discounted 10% and must be prepaid in full at time of purchase.

AQUATIC CENTER MEMBERSHIPS -

MONTHLY

INDIVIDUAL \$ 45

FAMILY OF 5 \$ 120

ANNUAL

INDIVIDUAL \$ 486

FAMILY OF 5 \$ 1296

BENEFITS

- Member-Only Community Pool Hours
- Access to Fitness Center
- Exclusive Competition Pool Access
- Access to Locker Rentals and Complimentary Towel Service
- Discounted Birthday
 Partles & Room Rentals
- 40% Discount on Classes & Programs
- FREE Chair-Robics & Yoga Classes, 30 Days of F45, and a 30-mln Personal Training Consult

MyPark+

MyPark Plus+ Pass Membership Benefits

PARK-WIDE ACCESS

BENEFITS OF THE SPORTS COMPLEX AND AQUATIC CENTER

HIGHEST DISCOUNT ON CLASSES & PROGRAMS AT BOTH FACILITIES.

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MONTHLY

INDIVIDUAL \$ 50

FAMILY OF 5 \$ 150

ANNUAL

\$ 540

FAMILY OF 5 \$ 1620

Experience all of Mylan Park Your Way!

MYPARK PASS MEMBERSHIPS

MONTHLY

INDIVIDUAL \$ 25

FAMILY OF 5 \$ 80

ANNUAL

\$ 270

FAMILY OF 5 \$ 864

BENEFITS

- Access to The Sports Complex, Fitness Center, & Peloton Bikes
- 3 Aquatic Center Swim Passes/Month per Person
 & Fitness Center Access
- Discounted Birthday Partles & Room Rentals
- 20% Discounts on Classes, Leagues and Programs at The Aquatic Center & The Sports Complex
- 20% Discount on Court & Battling Cage Rentals
- FREE Small
 Equipment Rentals
 balls, paddles, jump ropes,
 agility ladders & cones

Annual memberships begin on the date of purchase and will expire in one (1) year from the date of purchase. Annual memberships are nonrefundable. Up to 5 family members covered under the family pricing. Additional family members can be added to a family plan for \$10 a month/\$120 a year.





Learn to Swim Program

Learn to Swim Classes are held year round in two month intervals, they will begin in January, March, May, July, September, and November annually.

Swim Lessons Include:

- Parent & Child
 - Baby & Me
 - Toddler & Me
 - Preschool & Me
- Pre-Swim
 - Level 0
 - Level 1
 - Level 2
 - Level 3
- Youth Swim
 - Level 1
 - Level 2
 - Level 3
 - Level 4
 - Level 5

- Teen & Adult
 - Beginner
 - Intermediate
 - Intro Lap Swim
- Mon Health Swim Stars
 - Free Trial Lesson
- Private Lessons
 - Private
 - Semi-Private
 - Small Group
- Adapted Aquatics
 - Preschool Splash
 - Child Splash



Private Swimming Lessons

In a private lesson, students will work one-on-one or two-on-one with a qualified instructor. Lessons are tailored to meet your individual needs, teach you how to swim or refine your skills.

Private Lessons	Member	Non-Member
1 Sesson 30 minutes		\$ 35
6 Sessons 30 minutes	MyPark Plus+	\$ 220
1 Sesson 60 minutes	Pass, & Aquatic Center Members Get a Discount	\$ 65.80
6 Sessons 60 minutes		\$ 384

Semi-Private Lessons	Member	Non-Member
1 Sesson 30 minutes		\$ 28
6 Sessons 30 minutes	MyPark Plus+	\$ 158
1 Sesson 60 minutes	Pass, & Aquatic Center Members Get a Discount	\$ 49
6 Sessons 60 minutes		\$ 284



Scan the QR Code for more information on our Learn to Swim Program or visit:

https://mylanpark.org/learn-to-swim/



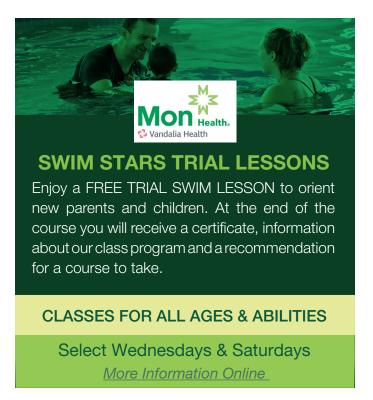
2024 Spring/Summer

Learn to Swim Sessions

Session	Dates	Registration Period	No Class
March	March 4th - April 28th	February 12th - March 17th	March 26th - April 1st
May	May 6th - June 20th	April 8th - May 19th	May 21st - May 27th
June Mini Session 1*	June 3rd - June 13th	May 6th - June 3rd	-
June Mini Session 2*	June 17th - June 27th	May 6th - June 17th	-
July	July 8th - August 18th	June 10th - July 21st	July 4th
July Mini Session 1*	July 1st - July 10th	May 6th - July 1st	July 4th
July Mini Session 2*	July 15th - July 25th	May 6th - July 15th	-
July Mini Session 3*	July 29th - August 8th	May 6th - July 29th	-

Mini Sessions have DAILY classes Monday - Thursday • 8 Total Classes each Mini Session

July 1st - July 10th has 6 total classes









Deep Water Aerobics

This aquatic fitness class is great for a full-body workout! It focuses on aerobics endurance, resistance exercise, and flexibility/balance. This class is held in deep water to ensure a low impact on joints. All skill levels are welcome! Participants must be comfortable in deep water. Flotation belts are provided.



Wet Wellness Class

Increase your muscle strength, cardio fitness, and flexibility with this aquatic fitness class. Experience a workout that is low impact on the joints. Participants must be comfortable in the water.

This class takes place in shallow water.









This program is for those over 18 years old who are skilled in swimming and would like to continue for recreational exercise as well as, work on stroke technique, endurance, and overall improvement. This allows participants to work towards their timespecific goals and their technique goals. This league also allows people to connect with others who enjoy the sport of swimming!

Non-members \$5

Members get a Discount

Ask about our water fitness pass packages!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
US MASTER SWIM				
7:30pm - 9:00pm				









Discover Scuba

Start your Scuba adventure with a Discover Scuba Course. All Discover Scuba classes are in a pool and all students are closely monitored. You'll learn about the equipment and how it works. A certified instructor will fit you with scuba gear and explain how to use it. In a controlled environment, you will practice basic diving skills followed by free time to play underwater!



Mermaid Mingle

Calling all mermaids & mermen! If you are a mermaid with a fancy tail, a budding mermaid, or just have a calling to the water's edge, come join us at the pool at the Aquatics Center. We're hosting monthly mermaid pod meets in the Huntington© Community Pool and in The Diving Pool for our more experienced merfolk from 7:00-9:00pm.



Kayaking Skills Practice

Kayaking Roll Sessions at The Aquatic Center at Mylan Park every Thursday in March!

During this time period the lane area of The Huntington[®] Community Pool will be closed for kayaking practice.

Bring your own kayak. Last Class: March 28th







DIVING AT THE AQUATIC CENTER

To Dive for Courses are held year-round in two-month intervals: January, March, May, July, September, & November.

Participants of any of the courses below MUST be able to swim the length of the pool (25 yards) and be comfortable in deep water and be able to tread water at least 30 seconds.

BEGINNING DIVING (6-12 year olds):

This beginner course introduces students to diving from the side and basic springboard diving techniques.

INTERMEDIATE DIVING (8-14 year olds):

Participants should have taken beginning diving or have comparable skills, specifically the ability to perform front dive from the one meter board successfully.

Diving Sessions	Registration Period
March 4th - April 28th <i>Sunday</i> s	February 12th - March 17th No Class March 31st
May 6th - June 20th <i>Sunday</i> s	April 8th - May 19th <i>No Class May 26th</i>
July 8th - August 18th <i>Sundays</i>	June 10th - July 21st











Kids Day Camps

Kids Day Camp is a short term camp day that where we offer a full day of jam packed activities! Similar to our Weekly Camp series, we accommodate ages 4-13 for day camp. We offer the campers 2 snacks a day, fun hours in the Huntington© Community Pool, as well as structured activities indoors and outdoors!

Parent's Night Off

Parents enjoy a monthly, worry-free date night while we treat your kids to a fun-filled evening including a movie, craft, activity, and swimming!



2024 Spring/Summer Camps and Drop-off Program Dates:



Parent's Night Off Evening child care program



Kids Day Camp
Before and after child care available



Kids Day Camp
Before and after child care available



Kids Day Camp
Before and after child care available



Kids Day Camp

Before and after child care available



Kids Day Camp
Before and after child care available



Parent's Night Off Evening child care program



Parent's Night Off Evening child care program





The Aquatic Center & Track Complex at Mylan Park

SUMMER CAMPS

Core Camp Hours: 9:00am - 4:00pm

Non-members \$245 • Members get a Discount

Before and After Care Available • Register today and join us for an unforgettable adventure!

Aquatic Center Summer Camps

Dive into summer full of fun! Your children will explore Mylan Park's outdoor trails, enjoy fishing, bike rides, sports, and a variety of games throughout the weeks, and of course have a blast swimming!

The Specialty Camps are full camps honing in on a specific theme!



Aquatic Center Camps	Full Day or Half Day
June 3rd - June 7th	Full Day Camp
June 10th - June 14th	Full Day Camp
June 17th - June 21st	Full Day Camp
June 24th - June 28th	Full Day Camp
July 15th - July 19th	Full Day Camp
August 12th - August 16th	Full Day Camp

Full Day 9 a.m. - 4 p.m. | Registration: Feb - Aug All camp prices are per child per week. Core Hours are not optional.

The child(ren) must be a member to get the member rate.

2024 Spring/Summer Specialty Camp Dates:

Dates	Specialty Camp	Registration Period	Full or Half Day	
July 8th - July 12th	Mermaids	February 12th - July 8th	Half Day Camp	
July 15th - July 19th	Swimming & Diving	February 12th - July 15th	Half Day Camp	
July 22nd - July 26th	Multimedia Camp	February 12th - July 22nd	Half Day Camp	

Half Day 12 p.m. - 4 p.m. Specialty Camps priced differently.

Pricing Available at www.mylanpark.org/camps-and-dropoff-programs/

All camp prices are per child per week. Ask about our morning & evening care rates.





Free Classes for Members

The Aquatic Center & Track Complex at Mylan Park offers their members FREE fitness classes and DISCOUNTED rates on other programs and classes.

Free for Members

- Yoga
- Chair-Robics
- One 30min Personal Training Consultation
- 30 days F45 Training







** YOGA* at The Aquatic Center at Mylan Park All Levels Yoga with Yoga Warrior, Donald Murray Tuesdays & Thursdays 9:30am -10:30am Yoga for Strength with Yoga Instructor, Sarah Schaefer Tuesdays 5:30pm - 6:30pm



Personal Training with Brad Parsons

Hour-long Personal Training sessions are available for those 13+ who want someone to deliver safe and effective exercise training programs that are interesting and fun.



Personal Trainer NASM-Certified

Brad Parsons (304) 933-2782 bradmpatc@gmail.com







F45 Training at Mylan Park

F45 Training is a global fitness community specializing in innovative, high-intensity group workouts that are fast, fun, and results-driven. F45 Training combines elements of High-Intensity Interval Training (HIIT), Circuit Training, and Functional Training.



45 minutes is all you need!

Aquatic Center x F45 Membership

UNLIMITED F45 Classes • FREE Yoga • Member-Only Pool & Track Hours • Discounts on Programs & Services • Access to the 2nd Floor Fitness Center • Locker Room Rentals

TRY BEFORE YOU BUY: NEW Aquatic Center Members get a FREE 30 DAY TRIAL of F45 Training when they sign up

DROP-IN RATES: \$20 per person per class

EXISTING AQUATIC CENTER MEMBERS CAN ADD ON F45 FOR \$30 PER MONTH!

MONDAY CARDIO	TUESDAY RESISTANCE	WEDNESDAY CARDIO	THURSDAY RESISTANCE	FRIDAY CARDIO	SATURDAY HYBRID
6:00am - 6:45am	6:00am - 6:45am	6:00am - 6:45am	6:00am - 6:45am	6:00am - 6:45am	8:30am - 9:30am
8:00am - 8:45am	8:00am - 8:45am	8:00am - 8:45am	8:00am - 8:45am	8:00am - 8:45am	
12:00 - 12:45pm	12:00 - 12:45pm	12:00 - 12:45pm	12:00 - 12:45pm	12:00 - 12:45pm	
6:00pm - 6:45pm	6:00pm - 6:45pm	6:00pm - 6:45pm	6:00pm - 6:45pm	6:00pm - 6:45pm	

FEAM TRAINING ★ LIFE CHANGING





Youth Track & Field Clinics

Learn track and field skills in a welcoming and exciting environment at The Aquatic Center & Track and Field Complex. Learn about running, sprinting, jumping, throwing, relays, and endurance. Our track clinics will begin with stretching and conditioning exercises to develop proper techniques and avoid injuries. Participants will engage in both individual and team exercises to promote fitness and teamwork.



SPRING TRACK & FIELD YOUTH CLINICS

Sundays March 17 – May 12 | 2:30 – 3:45 pm \$140 Non-Member • Members get a Discount *This program is for children 5-14 years of age.*



Community Track Meet

The Track Complex at Mylan Park

Saturday, May 18th • 5 - 8 pm

This event is designed to provide young athletes with a fun-filled opportunity to experience various track and field events, fostering a love for the sport and encouraging them to explore their athletic potential.

Each athlete can register for THREE Track Events and ONE Field Event. Events are separated into four age categories: 5-6, 7-8, 9-10, and 11-12.

Track Events:

events for 5-6 year olds

50 meter

100 meter

200 meter

events for 7-8 year olds

50 meter

100 meter

200 meter

400 meter

events for 9-12 year olds

100 meter

200 meter

400 meter

800 meter

Field Events:

all ages welcome

Softball Throw Broad Jump

Open Events:

all ages welcome

Open Mile Open Relay



Scan code for more information and to register





Tot Multi-Sport Ages 3-6

This fun and exciting class is a young athlete's dream. It is filled with various sports, games, and activities that will allow kids to develop their true passion for sports.

Parent & Tot Multi-Sport Ages 2-3

This fun and active parent and me sports/fitness class is designed to introduce children to a variety of sports while developing key gross motor and communication skills with the help of mom, dad or other guardian.

2024 Spring/Summer Tot Sports at The Track Complex:		
Dates	Tot Sports Classes	
March 10th - April 28th Sundays	Parent Tot Multi-Sport Tot Multi-Sport	
May 11th - June 22nd Sundays	Parent & Tot Multi-Sport Tot Multi-Sport Tot Soccer	
July 8th - August 18th Tuesdays & Thursdays	Parent & Tot Multi-Sport Tot Multi-Sport Tot Soccer & T-Ball	

Tot Specialty Sport Ages 4-6

Tot Specialty Sport classes will focus on one sport (basketball, t-ball, track, football, etc). Kids learn basics of that sport and teamwork through fun drills. Parents may be asked to participate to help as needed.



2024 Spring/Summer Tot Sports at The Sports Complex:		
Dates	Tot Sports Classes	
March 16th - April 20th Saturdays	Parent & Tot Multi-Sport Tot Multi-Sport	
May 11th - June 22nd Saturdays	Parent & Tot Multi-Sport Tot Multi-Sport Tot Flag Football	
July 9th - August 17th <i>Tuesdays</i> & <i>Saturdays</i>	Parent & Tot Multi-Sport Tot Multi-Sport Tot Basketball	





Safety Training Courses

The Aquatic Center & Track Complex at Mylan Park is proud to partner with the American Red Cross to offer the following safety training courses currently.

Courses

- Lifeguard Training
- Lifeguard Instructor
- CPR/AED/First Aid
- Water Safety Training
- Babysitting Training



2024 Spring/Summer Safety Training Courses Dates:

Safety Course	Dates
Babysitting Training	March 9th
CPR/AED/First Aid	March 13th
Water Safety Training	March 5th, 7th, 9th, 10th, 12th, & 14th
Lifeguard Training	March 26th - 29th
Lifeguard Instructor	April 5th - 7th
CPR/AED/First Aid	April 10th
Babysitting Training	April 27th
Lifeguard Training	May 3rd - 5th
CPR/AED/First Aid	May 15th
Babysitting Training	May 18th

Safety Course	Dates
Lifeguard Instructor	May 31st - June 2nd
CPR/AED/First Aid	June 5th
Lifeguard Training	June 7th - 9th
Babysitting Training	June 8th
Lifeguard Training	June 28th - 30th
Babysitting Training	August 10th
CPR/AED/First Aid	August 14th
Lifeguard Training	August 30th - Sept 1st
\Mater Cafety Instructor coul	roon available upon reguest

Water Safety Instructor courses available upon request

Please reach out to Miranda Buiter at (304) 933-2787 or

mbuiter@mylanpark.org





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SUMMER MEMBERSHIP • MAY 17TH - SEPT 2ND 2024

AVAILABLE TO PURCHASE STARTING MAY 1ST ONE PRICE FOR A SUMMER OF FUN

SUMMER MEMBER BENEFITS:

- Access to Both Fitness Centers
- Member-Only Community Pool Hours
- Access to Locker Rentals
- Complimentary Towel Service
- FREE Chair-Robics & Yoga Classes
- FREE 30 Days of F45 Training
- FREE 30-min Personal Training Consult
- Exclusive Competition Pool Access
- Discounts on Birthday Parties
- 40% Discount Classes, Leagues, and Programs at The Aquatic Center & The Sports Complex
- Unlimited Access to The Sport Complex
- 20% Discount on Court & Batting Cage Rentals at The Sports Complex
- FREE Small Equipment Rentals balls, paddles, jump ropes, agility ladders & cones

BRING A FRIEND!

Visit Passes \$ 8 Child 3 and under \$ 1 Spectators \$ 4



Scan QR code for facility hours



SUMMER MEMBERSHIP TYPE	PRICING
INDIVIDUAL	\$ 125
FAMILY (up to 5 people) Inquire about add-on rates	\$ 400
Summer Splash + Play monthly memberships require a valid credit card on file, and must be	

Summer Splash + Play monthly memberships require a valid credit card on file, and must be paid in full at the time of sign up. Summer Splash + Play Membership runs from May 17 to September 2, 2024. Payments are drafted automatically on the 5th of each month.





Aquatic Center Community Events

The Aquatic Center at Mylan Park strives to be a hub for local families and friends by offering a variety of community events throughout the year! Be on the lookout for the events listed below!

VISIT: https://mylanpark.org/community-events/

Annual Events

- April Pools Day
- Great Balls of Fire Dodgeball Tournament
- Free Play Freedom Day (Splash Pad Opening)
- Freedom Day
- Taste of Morgantown
- Dog Day of Summer
- Monster Splash
- Swim-a-thon









Stay Linked!





@ Mylan Park



@ mylan_park in



@ Mylan Park



Scan the QR Code to subscribe to our monthly e-Newsletter or visit https://lp.constantcontact pages.com/su/vK0dJqw/ newsletter



WE'RE HIRING!

PROGRAM INSTRUCTOR · AQUATIC SUPERVISOR · CUSTODIAL ATTENDANT · FACILITY MANAGER · LIFEGUARD · MEMBERSHIP & GUEST CONSULTANT

– WORK AT MYLAN PARK –

Become a member of the The Aquatic Center at Mylan Park's Team today! Mylan Park offers a variety of career oppurtunities from instructors to camp counselors and MORE.

Aquatic Center employees get a FREE membership and access to FREE Safety Training Courses.

VISIT: https://mylanpark.org/employment/

WANT TO SEE A PROGRAM OR EVENT AT MYLAN PARK?



WE WANT TO HEAR FROM YOU! Scan the QR Code to fill out our Event and Program Suggestion Form or visit: https://mylanpark.org/eventand-program-suggestion-form/



aqua@mylanpark.org or (304) 933 - AQUA 1847 Fitness Way, Morgantown, WV 26501

