



PEAK HEALTH AQUATIC CENTER
& TRACK COMPLEX at Mylan Park

2024 SEPTEMBER

- COMMUNITY EVENTS
- FITNESS CLASSES
- SPECIAL PROGRAMS
- WATER CLASSES
- TRACK & FIELD SCHEDULE
- PROMOTIONS/ANNOUNCEMENTS
- SWIM & DIVE COMPETITIONS
- SAFETY TRAINING CLASSES

Programs may be impacted by special events and/or competitions and are subject to change.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

The Peak Health Aquatic Center at Mylan Park

30 DAYS FOR \$30

DEAL ENDS SEPT 30

Experience Everything That Mylan Park Has to Offer!

WIN BIG!

With a chance to score WVU football tickets!

MEMBERSHIP	PRICING
INDIVIDUAL	\$50 \$30
FAMILY (up to 4 people)	\$150 \$90

taste of **MORGANTOWN**

a Mylan Park and American Red Cross benefit

SEPT 8TH

3PM-6PM • HAZEL & J.W. RUBY COMMUNITY CENTER



1

2

LABOR DAY

OPEN 8 AM-4 PM

FEATURES ON 11AM-4PM

COMP POOL MEMBERS ONLY

8AM-1PM

3

YOGA W/ DON 9:30am

YOGA FOR STRENGTH 5:30pm

TOT SPORTS CLASSES

Deep Water Aerobics 6:30pm

4

SHALLOW Water Aerobics 8:45am

CHAIR-ROBICS 10-11am

Deep Water Aerobics 11:00am

SHALLOW Water Aerobics 6:00pm

5

TOT SPORTS CLASSES

Deep Water Aerobics 6:30pm

6

SHALLOW Water Aerobics 8:45am

Deep Water Aerobics 11:00am

7

FLEXIBILITY & MOBILITY WORKSHOP 9am-12pm

8

ADAPTED AQUATICS 9:00am-10:30am

taste of **MORGANTOWN**

a Mylan Park and American Red Cross benefit

Hazel & J.W Ruby CC

3:00pm - 6:00pm

9

SHALLOW Water Aerobics 8:45am

Deep Water Aerobics 11:00am

SHALLOW Water Aerobics 6:00pm

10

YOGA FOR STRENGTH 5:30pm

TOT SPORTS CLASSES

Deep Water Aerobics 6:30pm

11

SHALLOW Water Aerobics 8:45am

CHAIR-ROBICS 10-11am

Deep Water Aerobics 11:00am

SHALLOW Water Aerobics 6:00pm

12

YOGA W/ DON 9:30am

TOT SPORTS CLASSES

Deep Water Aerobics 6:30pm

13

SHALLOW Water Aerobics 8:45am

Deep Water Aerobics 11:00am

PARENT'S NIGHT OFF 5:00pm - 9:00pm

14

SALEM WATER POLO TOURNEY - Comp Pool Closed

BABYSITTING TRAINING

15

Dog Day of Summer

WVU Medicine Children's Splash Pad

1:00pm - 6:00pm

16

SHALLOW Water Aerobics 8:45am

Deep Water Aerobics 11:00am

SHALLOW Water Aerobics 6:00pm

17

YOGA W/ DON 9:30am

YOGA FOR STRENGTH 5:30pm

TOT SPORTS CLASSES

Deep Water Aerobics 6:30pm

18

SHALLOW Water Aerobics 8:45am

CHAIR-ROBICS 10-11am

Deep Water Aerobics 11:00am

SHALLOW Water Aerobics 6:00pm

19

YOGA W/ DON 9:30am

TOT SPORTS CLASSES

Deep Water Aerobics 6:30pm

20

Lifeguard Instructor - Become an Instructor

SHALLOW Water Aerobics 8:45am

Deep Water Aerobics 11:00am

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22

ADAPTED AQUATICS 9:00am-10:30am

23

SHALLOW Water Aerobics 8:45am

24

YOGA W/ DON 9:30am

YOGA FOR STRENGTH 5:30pm

TOT SPORTS CLASSES

Deep Water Aerobics 6:30pm

25

SHALLOW Water Aerobics 8:45am

CHAIR-ROBICS 10-11am

Deep Water Aerobics 11:00am

SHALLOW Water Aerobics 6:00pm

26

YOGA W/ DON 9:30am

TOT SPORTS CLASSES

Deep Water Aerobics 6:30pm

27

SHALLOW Water Aerobics 8:45am

Deep Water Aerobics 11:00am

28

WVU BLUE & GOLD MEET - Comp Pool Closed

29

ADAPTED AQUATICS 9:00am-10:30am

30

SHALLOW Water Aerobics 8:45am