



AQUATIC CENTER & TRACK COMPLEX  
at Mylan Park

# 2024 FEBRUARY

- COMMUNITY EVENTS
- FITNESS CLASSES
- WATER CLASSES
- PROMOTIONS/ANNOUNCEMENTS

- SPECIAL PROGRAMS
- SWIM & DIVE COMPETITIONS
- TRACK & FIELD SCHEDULE
- SAFETY TRAINING CLASSES

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY



1  
YOGA W/ DON 9:30am  
  
Deep Water Aerobics 6:30pm  
KAYAKING 7:00-9:00pm

2  
SHALLOW Water Aerobics 9:00am  
Deep Water Aerobics 11:00am  
  
Deep Water Aerobics 6:30pm  
KAYAKING 7:00-9:00pm

3  
HIGH SCHOOL SWIM REGIONALS - Comp Pool Closed

4  
ADAPTED AQUATICS 9:00am-10:30am

5  
SHALLOW Water Aerobics 9:00am  
Deep Water Aerobics 11:00am  
  
SHALLOW Water Aerobics 6:00pm

6  
YOGA W/ DON 9:30am  
  
YOGA FOR STRENGTH 5:30pm  
Deep Water Aerobics 6:30pm

7  
SHALLOW Water Aerobics 9:00am  
Chair-Robics 10-11am  
Deep Water Aerobics 11:00am  
SHALLOW Water Aerobics 6:00pm

8  
YOGA W/ DON 9:30am  
  
Deep Water Aerobics 6:30pm  
KAYAKING 7:00-9:00pm

9  
SHALLOW Water Aerobics 9:00am  
Deep Water Aerobics 11:00am  
  
MERMAID MINGLE 7:00-9:00pm

10

11  
ADAPTED AQUATICS 9:00am-10:30am

12  
Registration for the MARCH Learn to Swim Session OPENS  
\*Next Session: Mar 4th-Apr 28th\*  
\*Last day to register for Parent's Night Off  
SHALLOW Water Aerobics 6:00pm

13  
YOGA W/ DON 9:30am  
  
YOGA FOR STRENGTH 5:30pm  
Deep Water Aerobics 6:30pm

14  
SHALLOW Water Aerobics 9:00am  
Chair-Robics 10-11am  
PARENT'S NIGHT OFF 5:00pm - 9:00pm  
SHALLOW Water Aerobics 6:00pm

15  
HIGH SCHOOL STATE SWIM MEET - Comp Pool Closed  
YOGA W/ DON 9:30am  
Deep Water Aerobics 6:30pm  
KAYAKING 7:00-9:00pm

16  
SHALLOW Water Aerobics 9:00am

17  
DISCOVER SCUBA 11am-1:30pm

18  
ADAPTED AQUATICS 9:00am-10:30am

19  
KEEP YOUR KIDS MOVIN'  
PARTI PALOOZA  
The Hazel & J.W. Ruby Community Center  
11:00am - 3:00pm

20  
YOGA W/ DON 9:30am  
  
YOGA FOR STRENGTH 5:30pm  
Deep Water Aerobics 6:30pm

21  
SHALLOW Water Aerobics 9:00am  
Chair-Robics 10-11am  
  
SHALLOW Water Aerobics 6:00pm

22  
YOGA W/ DON 9:30am  
  
Deep Water Aerobics 6:30pm  
KAYAKING 7:00-9:00pm

23  
SHALLOW Water Aerobics 9:00am  
  
MERMAID MINGLE 7:00-9:00pm

24  
Lifeguard Training Classes - Full Certification

25  
ADAPTED AQUATICS 9:00am-10:30am

26  
FACILITY CLOSED

27  
BIG 12 SWIMMING & DIVING CHAMPIONSHIPS - FACILITY CLOSED  
Spectator Tickets Available · Ask about member access to the WVU Rec Center

28

29

MARCH 1

2