



**AQUATIC CENTER & TRACK COMPLEX**  
at Mylan Park

# 2024 APRIL

- COMMUNITY EVENTS
- FITNESS CLASSES
- WATER CLASSES
- PROMOTIONS/ANNOUNCEMENTS

- SPECIAL PROGRAMS
- SWIM & DIVE COMPETITIONS
- TRACK & FIELD SCHEDULE
- SAFETY TRAINING CLASSES

*Programs may be impacted by special events and/or competitions and are subject to change.*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1  <b>APRIL POOLS DAY</b> The Aquatic Center 4:00pm - 8:00pm	2 <b>KIDS DAY CAMP</b> 9:00am - 4:00pm YOGA W/ DON 9:30am YOGA FOR STRENGTH 5:30pm Deep Water Aerobics 6:30pm	3 SHALLOW Water Aerobics 8:45am CHAIR-ROBICS 10-11am Deep Water Aerobics 11:00am SHALLOW Water Aerobics 6:00pm	4 YOGA W/ DON 9:30am BSA TRAINING 6:00pm Deep Water Aerobics 6:30pm	5 Lifeguard Instructor Classes - <i>Become a Lifeguard Instructor</i> SHALLOW Water Aerobics 8:45am Deep Water Aerobics 11:00am	6 <b>FITTER &amp; FASTER SWIM CAMPS</b> MORGANTOWN HIGH TRACK INVITATIONAL DISCOVER SCUBA 11am-1:30pm	7 ADAPTED AQUATICS 9:00am-10:30am YOUTH TRACK CLINICS 2:30pm-3:45pm
8 Registration for the MAY Learn to Swim Session <b>OPENS</b> <i>*Next Session: May 6th-Jun 30th*</i> SHALLOW Water Aerobics 6:00pm	9 YOGA W/ DON 9:30am <b>ART CLASSES</b> 5:00pm - 7:00pm YOGA FOR STRENGTH 5:30pm Deep Water Aerobics 6:30pm	10 <b>CPR/AED/FIRST AID TRAINING</b> CHAIR-ROBICS 10-11am Deep Water Aerobics 11:00am SHALLOW Water Aerobics 6:00pm	11 YOGA W/ DON 9:30am Deep Water Aerobics 6:30pm	12 SHALLOW Water Aerobics 8:45am Deep Water Aerobics 11:00am MERMAID MINGLE 7:00-9:00pm	13 MYLAN PARK SELECT TRACK INVITATIONAL  COMMUNITY & DIVERSITY DAY 11:00am - 3:00pm	14 ADAPTED AQUATICS 9:00am-10:30am YOUTH TRACK CLINICS 2:30pm-3:45pm
15 SHALLOW Water Aerobics 8:45am Deep Water Aerobics 11:00am SHALLOW Water Aerobics 6:00pm	16 YOGA W/ DON 9:30am <b>ART CLASSES</b> 5:00pm - 7:00pm YOGA FOR STRENGTH 5:30pm Deep Water Aerobics 6:30pm	17 CHAIR-ROBICS 10-11am MON & PRESTON CO MIDDLE SCHOOL TRACK MEET 4:00pm - 8:00pm SHALLOW Water Aerobics 6:00pm	18 YOGA W/ DON 9:30am BSA TRAINING 6:00pm	19 CLUB MOUNTAINEER SWIM MEET - <i>Competition Pool &amp; Dive Well CLOSED</i> WVU MOUNTAINEER TWILIGHT TRACK MEET KIDS DAY CAMP 9:00am - 4:00pm	20 ADAPTED AQUATICS 9:00am-10:30am YOUTH TRACK CLINICS 2:30pm-3:45pm	21
22 SHALLOW Water Aerobics 8:45am Deep Water Aerobics 11:00am SHALLOW Water Aerobics 6:00pm MERMAID MINGLE 7:00-9:00pm	23 YOGA W/ DON 9:30am <b>ART CLASSES</b> 5:00pm - 7:00pm YOGA FOR STRENGTH 5:30pm Deep Water Aerobics 6:30pm	24 SHALLOW Water Aerobics 8:45am CHAIR-ROBICS 10-11am Deep Water Aerobics 11:00am SHALLOW Water Aerobics 6:00pm	25 PRESIDENT'S ATHLETIC CONFERENCE CHAMPIONSHIP YOGA W/ DON 9:30am Deep Water Aerobics 6:30pm	26 PRESIDENT'S ATHLETIC CONFERENCE CHAMPIONSHIP SHALLOW Water Aerobics 8:45am Deep Water Aerobics 11:00am	27 WVU MOUNTAINEER TRACK SHOWCASE	28 ADAPTED AQUATICS 9:00am-10:30am YOUTH TRACK CLINICS 2:30pm-3:45pm
29 SHALLOW Water Aerobics 8:45am Deep Water Aerobics 11:00am SHALLOW Water Aerobics 6:00pm	30 YOGA W/ DON 9:30am YOGA FOR STRENGTH 5:30pm Deep Water Aerobics 6:30pm	<div style="text-align: center;">   <p>The Aquatic Center &amp; Track Complex at Mylan Park</p> <h2>Spring Revive &amp; Thrive</h2> <h1>FREE CLASSES</h1> <p>at The Aquatic Center this April!</p> </div>				
<div style="text-align: center;">   <p><b>GET A FREE 6 CLASS PASS TO BE USED FOR YOGA, F45, CHAIR-ROBICS, OR WATER AEROBICS CLASSES THIS APRIL!</b></p> </div>						