

PEAK HEALTH AQUATIC CENTER & TRACK COMPLEX at Mylan Park

## **2025 MARCH**

- COMMUNITY EVENTS
- FITNESS CLASSES
- WATER CLASSES
- PROMOTIONS/ANNOUNCEMENTS
- SPECIAL PROGRAMS
- SWIM & DIVE COMPETITIONS
- TRACK & FIELD SCHEDULE
- SAFETY TRAINING CLASSES



**Stay** 

Linked!

Programs may be impacted by special events and/or competitions and are subject to change.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
MAKE SPLA WITH OUR DA	SH AY PASS!	N G	GUEST PASS \$9 ON-SWIMMER \$4. <sup>50</sup> HILD 3 & UNDER \$2	HALF OFF THE LAST HOUR GET HALF OFF SWIMMING EVERY LAST HOUR THE HUNTINGTON COMMUNITY POOL IS OPEN!  mylanpark.org/monthly-promo/	1	SALEM WOMEN'S WATER POLO- Comp Pool CLOSED  ADAPTED AQUATICS 8:45am-11:00am  SWIM FIT 1:00-2:00pm
3	4	5	6	7	8	9
SHALLOW Water Aerobics 8:45am		SHALLOW Water Aerobics 8:45am		SHALLOW Water Aerobics 8:45am	INTRO TO LACROSSE 8:00am - 12:00pm	ADAPTED AQUATICS 8:45am-11:00am
Deep Water Aerobics 11:00am		CHAIR-ROBICS 10-11am	Dans Water Associate Colons	Deep Water Aerobics 11:00am	0100diii 12100piii	SWIM FIT 1:00-2:00pm
SHALLOW Water Aerobics 6:00pm	YOGA FOR STRENGTH 5:30pm	Deep Water Aerobics 11:00am SHALLOW Water Aerobics 6:00pm	Deep Water Aerobics 6:30pm  BSA TRAINING 7:15pm - 8:30pm	PARENT'S NIGHT OFF 5:00pm - 9:00pm		TRACK & FIELD CLINICS
US MASTER SWIM 7:30pm	Deep Water Aerobics 6:30pm	US MASTER SWIM 7:30pm	KAYAKING 7:00-9:00pm	TOT SPORTS TRACK & FIELD 6:00pm - 8:00pm		2:00pm - 3:15pm
10	11	12	13	14	15	16
KYKM: PARTI PALOOZA		SHALLOW Water Aerobics 8:45am		Г - Competition Pool & Dive Well		
- COMMUNITY CENTER 11:00am-3:00pm		CHAIR-ROBICS 10-11am		SHALLOW Water Aerobics 8:45am	INTRO TO LACROSSE	ADAPTED AQUATICS
11.00am-3.00pm		Deep Water Aerobics 11:00am		Deep Water Aerobics 11:00am	8:00am - 12:00pm	8:45am-11:00am TRACK & FIELD CLINICS
	YOGA FOR STRENGTH 5:30pm	SHALLOW Water Aerobics 6:00pm	Deep Water Aerobics 6:30pm	TOT SPORTS TRACK & FIELD		2:00pm - 3:15pm  Registration for the MAR Learn to Swim
US MASTER SWIM 7:30pm	Deep Water Aerobics 6:30pm	US MASTER SWIM 7:30pm	KAYAKING 7:00-9:00pm	6:00pm - 8:00pm		Session CLOSES *Next Session: May 5th - June 29th*
17	18	19	20	21	22	23
SHALLOW Water Aerobics 8:45am		SHALLOW Water Aerobics 8:45am		AQUATIC CENTER & TRACK COMPLEX CLOSED		
Deep Water Aerobics 11:00am		CHAIR-ROBICS 10-11am  Deep Water Aerobics 11:00am	Deep Water Aerobics 6:30pm		YMCA STATES - Facility CLOS	ED
SHALLOW Water Aerobics 6:00pm	YOGA FOR STRENGTH 5:30pm	SHALLOW Water Aerobics 6:00pm	BSA TRAINING 7:15pm - 8:30pm	WVU STAN ROMANOSKI	OPEN - Facility CLOSED  INTRO TO LACROSSE	
US MASTER SWIM 7:30pm	Deep Water Aerobics 6:30pm	US MASTER SWIM 7:30pm	KAYAKING 7:00-9:00pm	- THE SPORTS COMPLEX 6:00pm - 8:00pm	- THE SPORTS COMPLEX 8:00am - 12:00pm	
24	25	26	27	28	29	30
SHALLOW Water Aerobics 8:45am	ALLEGHENY HIGHLANDS	TURNING A NEW LEAF:		LIFEGUARD INSTRUCTOR COURSE		RSE
Deep Water Aerobics 11:00am	BOARD BLOOD DRIVE  1:00pm - 6:00pm  SPONSOR CODE: mylanpark	WELLNESS DAY - AQUATIC CENTER		SHALLOW Water Aerobics 8:45am	INTRO TO LACROSSE 8:00am - 12:00pm	ADAPTED AQUATICS 8:45am-11:00am
31		8:00am-1:00pm	Dans Water Association Con-	Deep Water Aerobics 11:00am	6.00diii 12.00piii	TRACK & FIELD CLINICS
SHALLOW Water Aerobics 8:45am	YOGA FOR STRENGTH 5:30pm  Deep Water Aerobics 6:30pm	SHALLOW Water Aerobics 6:00pm	Deep Water Aerobics 6:30pm	TOT SPORTS TRACK & FIELD		2:00pm - 3:15pm
Deep Water Aerobics 11:00am	Deep water Aerobics 6:30pm	US MASTER SWIM 7:30pm	<b>KAYAKING</b> 7:00-9:00pm	6:00pm - 8:00pm		